

MEDICATION CONSENT

Generic Name: eszopiclone **Brand Name:** Lunesta

What is the most important information I should know about eszopiclone?

Use caution when driving, operating machinery, or performing other hazardous activities. Eszopiclone will cause drowsiness and may cause dizziness. If you experience drowsiness or dizziness, avoid these activities. Eszopiclone should be taken just before bedtime. You may experience some carryover effects the next day. Do not drink alcohol while taking eszopiclone. Alcohol will increase drowsiness and may increase dizziness while you are taking eszopiclone, which could be dangerous. Do not stop taking eszopiclone suddenly if you have been taking it for more than 1 or 2 weeks. This may cause withdrawal symptoms and make you uncomfortable. Talk to your doctor if you need to stop treatment with eszopiclone.

What is eszopiclone?

Eszopiclone is in a class of drugs called sedative/hypnotics or sleep medications. Eszopiclone affects chemicals in your brain that may affect sleep. Eszopiclone induces sleep and causes relaxation. It is used to treat insomnia. Eszopiclone may also be used for purposes other than those listed in this medication guide.

What are the possible side effects of eszopiclone?

If you experience any of the following serious side effects, stop taking eszopiclone and seek emergency medical attention: an allergic reaction (difficulty breathing; closing of your throat; swelling of your lips, face, or tongue; hives).

Contact your doctor if you experience: daytime drowsiness, dizziness, or clumsiness; more outgoing or aggressive behavior than normal; confusion; strange behavior; memory loss problems; agitation; worsening of depression; hallucinations; or new feelings of depression.

Other, less serious side effects may be more likely to occur, such as headache and unpleasant taste. If these become bothersome, contact your doctor.

A problem that may occur when sleep medicines are stopped is known as "rebound insomnia." This means that a person may have more trouble sleeping the first few nights after the medicine is stopped than before starting the medicine. If you should experience rebound insomnia, do not get discouraged. This problem usually goes away on its own after 1 or 2 nights.

Eszopiclone may be habit forming. Stopping this medication suddenly can cause withdrawal effects if you have taken it continuously for several weeks. Talk to your doctor about the safe use of this medication.

Side effects other than those listed here may also occur. Talk to your doctor about any side effect that seems unusual or that is especially bothersome.

What other drugs will affect eszopiclone?

Many drugs may affect the way that eszopiclone is metabolized ("broken down") in the body, leading to higher or lower than expected levels of the medication in the blood. Talk to your doctor before taking any other medicines during treatment with eszopiclone.

Eszopiclone may increase the effects of other drugs that cause drowsiness, including antidepressants, alcohol, antihistamines, other sedatives (used to treat insomnia), pain relievers, anxiety medicines, and muscle relaxants. Tell your doctor about all medicines that you are taking, and do not take any medicine unless your doctor approves.

Drugs other than those listed here may also interact with eszopiclone. Talk to your doctor and pharmacist before taking any prescription or over-the-counter medicines including vitamins, minerals, and herbal products.

My Signature below indicates that I have discussed Risk, benefits, alternative treatments, and the risk of no treatment concerning above medication. Also aware of drug/drug interactions that may potentially occur with other medications that I am taking.

Signature

Date

Witness

Date

Pathway Clinic, S.C. & Wisconsin Eating Disorder Specialists, S.C.