



## TRILEPTAL - INFORMED CONSENT FOR MEDICATION

<u>Medication Category:</u> Anticonvulsants used as mood stabilizing agent	<u>Medications in this Category:</u> oxcarbazepine (Trileptal)
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Anticipated dosage range: \_\_\_\_\_

About Your Medicine: Anticonvulsant medications are generally used for the treatment of epilepsy and seizures. However, some anticonvulsants have been found useful in the treatment of some psychiatric disorders including mania, depression and schizophrenia. They act as mood stabilizers, decreasing mood swings. In some cases they help people to gain control over their impulsive and aggressive behaviors. They can also increase the effectiveness of other medications, especially antidepressant medications. The anticonvulsants are often given in combination with an antipsychotic medication, an antidepressant medication, or lithium.

Side Effects: Every medication is capable of producing side effects. The frequency and severity of side effects depend on many factors including dose, duration of therapy and individual susceptibility. The most common side effects (occurring in at least 5% of patients taking Trileptal) were dizziness, sleepiness, double vision, fatigue, nausea, vomiting, uncoordination, abnormal vision, abdominal pain, tremor, indigestion, and abnormal gait—these were typically mild to moderate in severity. Alcohol consumption may increase sleepiness. You should avoid driving or operating machinery until you determine how Trileptal affects these activities.

A condition called hyponatremia (low blood sodium levels) has been observed in some patients treated with Trileptal. If your prescriber thinks you may be at risk of hyponatremia, he or she may choose to monitor your sodium blood levels.

You should inform your prescriber if you have used the epilepsy drug carbamazepine in the past. Twenty-five percent to 30% of patients who have had allergic reactions to carbamazepine may experience allergic reactions to Trileptal.

Use of Trileptal with birth control pills may render birth control pills less effective. Additional forms of contraceptives are recommended when using Trileptal.

By my signature below, I give consent for the above-named medication to be administered and for a change of medication within this medication category. My signature also indicates that I am aware of, have read and discussed the reasons for the use of this medication, and its potential risks and benefits.

Client Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_